

# Öğretmen Öz-Yeterlik Algısı Ölçeğinin Meta-Analizle Güvenirlik Genellemesi Reliability Generalization Meta Analysis of the Teachers' Sense of Efficacy Scale

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ÖZ: Bu çalışmanın amacı Öğretmen Özyeterlik Ölçeği'nin toplam puanı ve üç alt boyutunun genel Cronbach alfa değerini kestirmektir. Bu amaçla ölçeğin toplam puanı için 187 farklı çalışmadan 189 Cronbach alfa değeri, alt boyutlar için 156 farklı çalışmadan 157 Cronbach alfa değeri ile çalışma yürütülmüştür. Bonett dönüşümü kullanılarak Rastgele etkiler modeli ile analizler yürütülmüştür. Ölçeğin toplam puanının ortalama Cronbach alfa değeri .931, öğrenci katılımına yönelik alt boyutu için .854, öğretim stratejilerine yönelik alt boyutu için .871 ve sınıf yönetime yönelik alt boyutu için .869 olarak elde edilmiştir. Cronbach alfa değerlerindeki değişkenliği keşfetmek için üç kategorik değişken ile moderatör değişken analizleri yürütülmüştür ve sonuçlar raporlanmıştır. Sonuç olarak ölçeğin toplam puanının ve alt boyutlarının Cronbach alfa değerlerinin yeterli düzeyde olduğu bulunmuştur ve araştırmacılara yönelik önerilerde bulunulmuştur.

Anahtar sözcükler: Güvenirlik genellemesi, meta-analiz, öz-yeterlik

ABSTRACT: The objective of this study was to estimate the overall Cronbach's alpha value of the total score and three subscales of the Teacher Self-Efficacy Scale. For this purpose, the study was conducted with 189 Cronbach's alpha values from 187 different studies for the total score of the scale and 157 Cronbach's alpha values from 156 different studies for the subscales. The analyses were conducted with the Random Effect model using Bonett transformation. The average Cronbach's alpha value for the total score of the scale was .931, .854 for the efficacy for student engagement subscale, .871 for the efficacy for instructional strategies subscale and .869 for the efficacy for classroom management subscale. In order to explore the variability in Cronbach's alpha values, moderator variable analyses were conducted with three categorical variables and the results were reported. As a result, Cronbach's alpha values of the total score and subscales of the scale were found to be at an adequate level and recommendations were made for researchers.

Keywords: Reliability generalization, Meta-analysis, Self-efficacy

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#### 1. INTRODUCTION

Self-efficacy is the confidence that an individual has in himself/herself to realize his/her goal and his/her perception that he/she can do what needs to be done to realize this goal. The degree of this perception will affect the effort to be made by the individual, and it is important to have a high self-efficacy perception for the individual to exhibit the most efficient performance (Bandura, 1978: 141). Teachers are expected to realize certain goals in education and training processes. At this point, self-efficacy perception will affect teacher performance. Teachers' beliefs that they can meet the educational needs of students are defined as teacher self-efficacy (Pajares, 2005: 361). Teachers' self-efficacy perceptions will determine their perspectives on the difficulties they face in the educational process and teachers with high self-efficacy will strive to solve these difficulties. Teachers with high self-efficacy will be aware that they play a key role in determining students' motivation and learning (Tschanen Moran & Hoy, 2001: 784).

Tschanen Moran and Hoy (2001) developed the Teacher Self-Efficacy Scale (TSES) in 9-point Likert type, to determine teachers' self-efficacy perceptions. . The scale was developed in two different forms as long and short form. The long form of the scale consists of 24 items and the short form consists of 12 items, and this study was conducted on the long form. The scale consists of student engagement (SE), instructional strategies (IS) and classroom management (CM) subscales and has 24 items in total. Each subscale consists of 8 items. Cronbach's alpha values were reported as .94 for the whole scale, .87 for the SE subscale, .91 for the IS subscale and .90 for the CM subscale. The scale explains 58.47% of the variance in total. In the SE subscale, the teacher's self-efficacy belief in enabling students to participate in the lesson is measured. The IS subscale measures the teacher's self-efficacy beliefs in the processes from pre-lesson preparation to lesson evaluation. In the CM subscale, self-efficacy beliefs for controlling student behaviors in the desired direction in order to create a better lesson environment are measured. The TSES was adapted into Turkish by Capa et al. (2005). In the process of adaptation into Turkish, the study group consisted of 628 pre-service teachers (439 female and 189 male) from six different universities. The pre-service teachers were senior students studying in the departments of mathematics education (14%), elementary science education (21%), early childhood education (15%) and classroom teaching (51%). Confirmatory factor analysis revealed that the RMSEA value was .065, TLI and CFI values were .99. The adapted scale consists of 24 items and 3 subscales on a 9-point Likert scale as in the original. In the scale, 1- insufficient 9- very sufficient, but not all categories were labeled. The labeling is as follows: 1- insufficient, 3- slightly sufficient, 5- somewhat sufficient, 7- quite sufficient, 9- very sufficient. The lowest score that can be obtained from the scale is 24 and the highest score is 216. A high score on the scale means that self-efficacy is high. The reported Cronbach's alpha values were .93 for the whole scale, .82 for the SE subscale, .86 for the IS subscale and .84 for the CM subscale.

Reliability, defined as the repeatability of measurement results (Crocker & Algina, 2008: 105), is a key point in the interpretation of measurement results in psychology and education. Cronbach's alpha internal consistency coefficient is a method frequently used in studies based on Classical Test Theory. Reliability may vary from sample to sample, so it should be re-estimated and reported in each study (Thompson & Vacha-Haase, 2000:176). In Classical Test Theory, reliability is associated with error; the lower the error, the higher the reliability. With reliability generalization (RG), reliability estimates of a measurement tool obtained from different studies are combined to obtain an average reliability coefficient (Vacha-Haase, 1998: 16). With RG, which is an application of meta-analysis (Glass, 1976: 3), which is the statistical combination of findings obtained from single studies, reliability coefficients obtained from different studies are combined to obtain an average reliability coefficient. This method is the most appropriate method for explaining the fluctuations and variance in the reliability value (Sánchez-Meca et al., 2013: 403).

This study aims to generalize the reliability of the scores obtained from the TSES . This scale has been one of the most widely used scales in the studies on teacher self-efficacy in Türkiye since 2005, which is why it was chosen. Although many different studies have been conducted with the TSES, there

has not been a study focusing on reliability generalization. Therefore, this study will seek answers to the following questions:

- 1) What is the average reliability level for the total score and subscales of the TSES?
- 2) Do the reliability levels differ according to the moderator variables determined in the total score and subscales of the TSES?

#### 2. METHOD

# 2.1. Research Design

Meta-analysis provides a statistical combination of findings from independent individual studies (Glass, 1976:3). Reliability generalization is a statistical method used to obtain an average estimate of reported reliability coefficients and to identify sources of variation (Vacha-Haase, 1998). In this reliability generalization study, individual studies were included by applying PRISMA (Moher et al., 2009) steps.

## 2.2. Inclusion Criteria

The studies to be included in the meta-analysis regarding the reliability of the general and subscales of the Teacher Self-Efficacy Scale (Çapa et al., 2005) were scanned in Google Scholar, National Thesis Center, Ulakbilim databases without any year criteria and 7690 studies were reached. The study was searched with the Turkish keywords "Öğretmen Öz Yeterliği", "Öğretmen Öz Yeterliği Ölçümü" and the English equivalents of these keywords "Teacher Self-Efficacy", "Teacher Self-Efficacy Measurement", "Pre-Service Teacher Self-Efficacy", "Pre-Service Teacher Self-Efficacy Measurement" referring to Çapa et al. (2005) and 779 studies were reached. Studies were analyzed according to the inclusion criteria, these criteria were: i) Cronbach's Alpha coefficient was reported, ii) the scale was used in the studies with the number of items and all scales adapted into Turkish, and iii) the language of the study was Turkish or English. In the last case, there are 187 studies that meet these criteria for the whole scale and the reported Cronbach's Alpha is 189. For the three subscales, there are 156 studies that meet the criteria and the reported Cronbach's Alpha is 157. The reason for the difference between the number of studies and the reported Cronbach's alpha value is that some studies report more than one Cronbach's alpha coefficient with more than one sample.

## 2.3. Coding of the Data

Before coding the studies, it was decided what to code. The coding process was carried out by determining possible moderator variables. Data were coded according to internal consistency coefficient, publication type, application group, sample size and Likert type. The data were then transferred to the Comprehensive Meta-Analysis (CMA) program.

## 2.4. Calculation of Effect Size and Other Statistical Procedures

In this study, it is aimed to obtain the average reliability coefficient of the TSES. For this purpose, Cronbach's alpha coefficient, which is the internal consistency coefficient reported in all studies, was used. In reliability generalization studies, analyses are carried out by transforming Cronbach's alpha value because the value exhibits a skewed distribution as it moves away from 0 (Field, 2001: 168). In this study, Bonett transformation, which normalizes the skewed Cronbach's alpha values and fixes the variance values, was used (Bonett, 2002). Then, it was decided which model to choose for the calculation of the effect size. These models are fixed effect model and random effect model. In the fixed effects model, it is assumed that all factors affecting the effect size are the same in all individual studies, but it is known that the factors affecting the effect size in a field such as education are very different. Therefore, the random effects model should be used (Borenstein et al., 2009: 63-70). Random effects model is used in this study. For the heterogeneity test, Cochran's Q statistic and the I^2 statistic, which can be considered as a continuation of this statistic, are used. A Q statistic that is found to be significant and an I^2 statistic above 75% (Higgins et al., 2003: 559) is evidence of heterogeneity. Afterwards, moderator variable analyses were conducted using the mixed effect model. Q-betwen (QB)

statistic was used to test the statistical significance of moderator variables. Analyses were conducted with Comprehensive Meta-Analysis Software.

#### 2.5. Publication Bias

Publication bias affects the results of meta-analysis. Possible reasons for publication bias may be setting criteria according to a specific result, inadequate literature review, and insufficient scientific evidence of the included studies (Dinçer, 2021: 22-23). Determining publication bias will contribute to the reliability of the results. For this purpose, funnel plot (Borenstein et al., 2009: 283), Rosenthal's fail-safe N method (Rosenthal, 1979: 639-640), Begg and Mazumdar rank correlation method (Begg and Mazumdar, 1994) and Egger's regression method test (Card, 2012: 67) were used to determine whether there is publication bias.

#### 3. FINDINGS

# 3.1. Publication Bias Analysis

In this study, we analyzed publication bias using funnel plots, Rosenthal's (1979) fail-safe N value, Begg and Mazumdar's (1994) rank correlations, and Egger's (Egger et al., 1997) linear regression method. An asymmetric shape observed in the funnel plot indicates a possible publication bias (Borenstein et al., 2009). Figure 1 shows the distribution of the transformed Cronbach's alpha values of the studies in the funnel plot for the whole scale and its subscales.

The results of Rosenthal's fail-safe N method analysis of publication bias are given in Table 1.

	v v		
	Rosenthal fail-safe N	5k+10	
Whole scale	5307	955	
Student engagement (SE)	5365	795	
Instructional strategies (IS)	2389	795	
Classroom management (CM)	979	795	

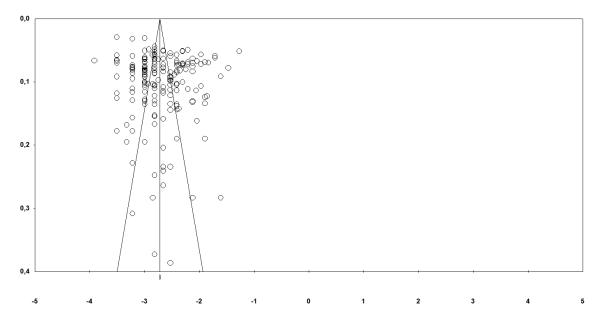
**Table 1:** Rosentlha's fail-safe N values

Table 1 indicates many studies are required for the average fail-safe values to be obtained as a result of this research to be invalid. Rosenthal's fail-safe N value should be greater than 5k+10 (Şen & Yıldırım, 2020: 270). In order for the average effect size value to be statistically insignificant (p>.05), 5307 studies in the whole scale, 5365 studies in the SE subscale, 2389 studies in the IS subscale, and 979 studies in the CM subscale are required. It is seen that this size is met in the whole scale and all subscales. This value shows that there is no publication bias.

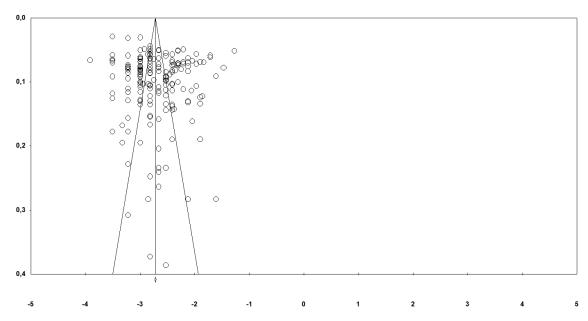
**Table 2:** Kendall's tau value and Egger's linear regression

	20	S		
	Kendall's tau value	Egger's linear regression		
Whole scale	.02, p>.05	t(187)=1.95, p>.05		
Student engagement (SE)	.043, p>.05	t(155)=1.09, p>.05		
Instructional strategies (IS)	.065, p>.05	t(155)=1.17, p>.05		
Classroom management (CM)	.070, p>.05	t(155)=2.04, p>.05		

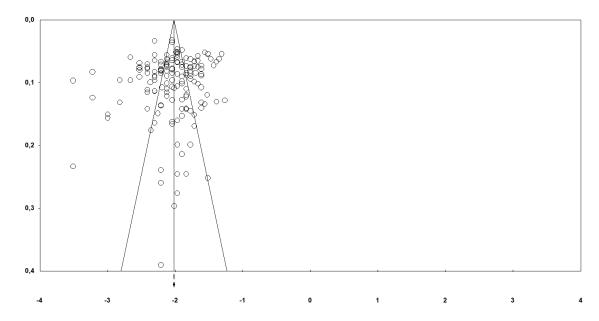
When Table 2 is examined, it is seen that Kendall's tau value is statistically insignificant (p>.05) for the whole scale and all subscales. These values indicate that there is no publication bias. Finally, the fact that the p value in Egger's linear regression test is statistically insignificant (p>.05) for the whole scale and all subscales shows that there is no publication bias (Card, 2012: 267). These findings show that there is no publication bias.



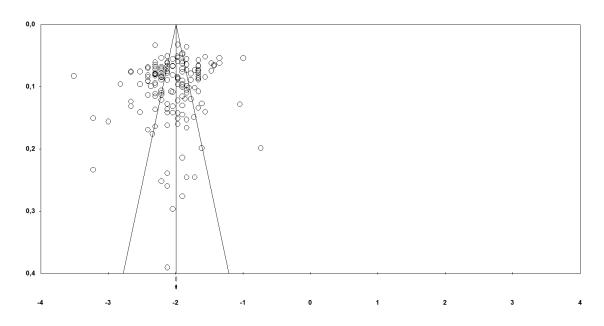
Whole Scale



Student Engagement Subscale



Instructional Strategies Subscale



Classroom Management Subscale

Figure 1: Funnel plots for the whole scale and its subscales

As a result of the publication bias analysis, it was seen that there was no publication bias for the whole scale and its subscales.

# 3.2. Estimate of Pooled Reliability

The average reliability coefficient calculated for the total score of the scale using the Bonett (2002) transformation method was .931 (95% CI: .927-936), which is significant (p<.01). This mean value is close to the initial value of the scale (Çapa et al., 2005). The Q statistic was also significant

(Q188 = 7706,415, p<.01) and the I<sup>2</sup> statistic was 97.56. These values indicate that heterogeneity is high. There are 67995 participants in total in the whole scale.

Using Bonett's (2002) transformation method, the average reliability coefficient calculated for the student engagement subscale was .854 (95% CI: .846-.861), which is significant (p<.01). This mean value is close to the initial value of the scale (Capa et al., 2005). The C0 statistic was also significant (Q156 = 2438,346, p<.01) and the I^2 statistic was 93.602. These values indicate that heterogeneity is high. There are 61814 participants in total in the SE subscale of the scale.

Using Bonett's (2002) transformation method, the average reliability coefficient calculated for the subscale for instructional strategies was .871 (95% CI: .864-.878), which is significant (p<.01). This mean value is close to the initial value of the scale (Çapa et al., 2005). The Q statistic was also significant (Q156 = 3000,395, p<.01) and the I^2 statistic was 94.801. These values indicate that heterogeneity is high. There are 61814 participants in total in the IS subscale of the scale.

Using Bonett's (2002) transformation method, the average reliability coefficient calculated for the subscale for classroom management was .869 (95% CI: .862-.876), which is significant (p<.01). This mean value is close to the initial value of the scale (Çapa et al., 2005). The Q statistic was also significant (Q156 = 3147,237, p<.01) and the I^2 statistic was 95.043. These values indicate that heterogeneity is high. There are 61814 participants in total in the CM subscale of the scale.

## 3.3. Moderator Analysis

As a result of the analyses, moderator analyses were conducted to determine the cause of heterogeneity. The moderator variables determined were three: Likert type (5-category-9-category), application group (pre-service teacher, teacher) and publication type (article, master's thesis, doctoral dissertation). The moderator variable analyses are shown in Table 3.

variable	category	k	α	95% CI:	95% CI:	QB	sd	p
				lower	upper			
				bound	bound			
Likert type	5-category	29	.925	.911	.936	1.403	1	.24
	9-category	160	.933	.927	.938			
application	pre-service	120	.932	.927	.937	.101	1	.75
group	teacher							
	teacher	69	.930	.920	.940			
publication	article	160	.931	.925	.936	1.519	2	.47
type								
	master's thesis	22	.940	.923	.954			
	doctoral	7	.924	.893	.946			
	dissertation							

 Table 3: Moderator variable analyses for the total score of the scale

Table 3 indicates that the heterogeneity of the categorical variables determined for the total score that can be obtained from the scale is not statistically significant.

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variable	category	k	α	95% CI:	95% CI:	QB	sd	p
				lower	upper bound			
				bound				
Likert type	5-category	21	.872	.819	.936	.274	1	.60
	9-category	136	.855	.847	.862			
application	pre-service	94	.846	.837	.855	5.050	1	.03
group	teacher							
	teacher	63	.864	.920	.851			
publication	article	129	.852	.844	.859	1.096	2	.58
type								
	master's thesis	21	.866	.889	.838			
	doctoral	7	.848	.809	.879			
	dissertation							

Table 4 indicates that the application group variable is statistically significant for the SE subscale, while the other variables are not significant. This significance is in favor of teachers.

 Table 5: Moderator variable analysis for the subscale on instructional strategies

variable	category	k	α	95% CI:	95% CI:	QB	sd	р
				lower	upper			
				bound	bound			
Likert type	5-category	21	.845	.819	.867	6.169	1	.01
	9-category	136	.875	.862	.882			
application	pre-service	94	.866	.858	.874	1.672	1	.2
group	teacher							
	teacher	63	.877	.863	.890			
publication	article	129	.868	.860	.876	2.075	2	.35
type								
	master's thesis	21	.884	.857	.903			
	doctoral	7	.879	.858	.897			
	dissertation							

When Table 5 is examined, it is seen that the Likert type to which the scale is applied for the IS subscale is statistically significant, while the other variables are not significant. This significance is in favor of 9-category.

variable	category	k	α	95% CI:	95% CI:	QB	sd	p
				lower	upper			
				bound	bound			
Likert type	5-category	21	.853	.823	.878	1.922	1	.17
	9-category	136	.872	.864	.879			
application	pre-service	94	.860	.851	.868	7.168	1	.01
group	teacher							
	teacher	63	.882	.868	.895			
publication	article	129	.867	.859	.875	1.198	2	.55
type								
	master's thesis	21	.878	.849	.903			
	doctoral	7	.878	.852	.900			
	dissertation							

**Table 6:** *Moderator variable analysis for the subscale on classroom management* 

When Table 6 is examined, it is seen that the CM subscale is statistically significant according to the application group to which the scale was applied, while the other variables are not significant. This significance is in favor of teachers.

## 4. DISCUSSION

In the remaining studies, no reliability coefficient was reported, assuming that the measurements obtained from the scale would be reliable. However, reliability is not related to the scale, it may give different values from sample to sample, so it should be reported in every study (Crocker & Algina, 2008: 144). The fact that the reliability coefficient is not reported in the studies undermines the reliability of the results. Researchers are responsible for proving that their findings are reliable, so they should be more careful. The reliability coefficient for the whole scale was estimated as .931, .854 for the subscale on student engagement, .871 for the subscale on instructional strategies, and .863 for the subscale on classroom management. The value reported here is the Cronbach's Alpha value and this value is an acceptable value above .70. Depending on the importance of the decision to be made as a result of the study, higher reliability values may be required, this value is the lower bound (Nunnaly & Bernstein, 1994: 265)

Considering the heterogeneity of the whole scale and its subscales, the I^2 value is above 75 for the whole scale and its subscales and is at a sufficient level (Higgins et al., 2003: 559). This shows that the whole scale and its subscales give different results from sample to sample and cannot be generalized. Therefore, moderator variables that may cause heterogeneity were identified and moderator variable analyses were conducted. In this context, three categorical variables were identified, namely: i) Likert type used (5 - 9), application group (pre-service teacher - teacher), publication type (article - master's thesis - doctoral dissertation). Regarding the whole scale, there is no statistical difference between the moderator variables determined for this study. The SE subscale, on the other hand, is statistically significant according to the application group (pre-service teacher-teacher). This significance is in favor of teachers. This may be due to the fact that the target group of the scale during the development phase was teachers. When we look at the IS subscale, it is statistically significant according to the Likert type of the scale (5-category-9-category). This significance is in favor of the 9-category. The reason for this may be that the scale was developed with 9-category in the first development phase and the sensitivity increased with the shrinking of the unit. The CM subscale is statistically significant according to the application group (pre-service teacher-teacher). This significance is in favor of teachers. This may be due to the fact that the target group in the development phase of the scale was teachers.

The reliability of the measurements obtained from the scales used in social science studies is important for the interpretations to be made based on the measurement results. Interpretations made with low reliability values will also have low reliability. As a result of this study, it was seen that the internal consistency coefficient obtained from the whole scale and subscales of the TSES was high.

In this study, the reliability generalization of the Turkish adaptation of the TSES was conducted with the identified moderator variables. Researchers can generalize the reliability with other moderator variables in another study. Meta-regression was not conducted in this study; researchers can conduct meta-regression with the variables they will determine. The study was conducted using Bonett (2002) transformation. Researchers can make comparisons with other transformations.

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